

SITES

- <https://endohelp.com.au>
- <https://www.pelvicpain.org.au>
- <https://www.noigroup.com>
- <https://overcomingpain.com>
- <https://www.endofoundation.org>

PODCASTS

- Fertility Conversations with Jaya Ferreira S1 E3
Endometriosis with Dr. Marilla Druitt
- Fertility Conversations with Jaya Ferreira S1 E5
Psychology for Endometriosis with Meg Odgers
- The Shift with Kathrine Maslen S2 E35 Why
women's bodies feel broken with Dr. Peta Wright
- Periods, Poo & Pimples with Jacinta Barbagallo
- The Healing Pain Podcast
- Pelvic Matter with Marina Castellanos

BOOKS

- Healing Pelvic Pain - Dr Peta Wright
- Pain and Prejudice - Gabrielle Jackson
- When the Body Says No: Understanding the
Stress-Disease Connection - Dr Gabor Maté
- The Myth of Normal: Trauma, Illness & Healing
in a Toxic Culture by Dr Gabor and Daniel Maté
- Outsmart Your Pain - Christine Wolf

INSTAGRAM

- @pelvicpain_researcher
- @pelvicpaindoc
- @naomijankowskiacupuncture
- @endo.fertility.dietician
- @the_endo_space

JF

PELVIC PAIN RESOURCE

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www.jayaferreira.com

The Fertility Fax Newsletter